



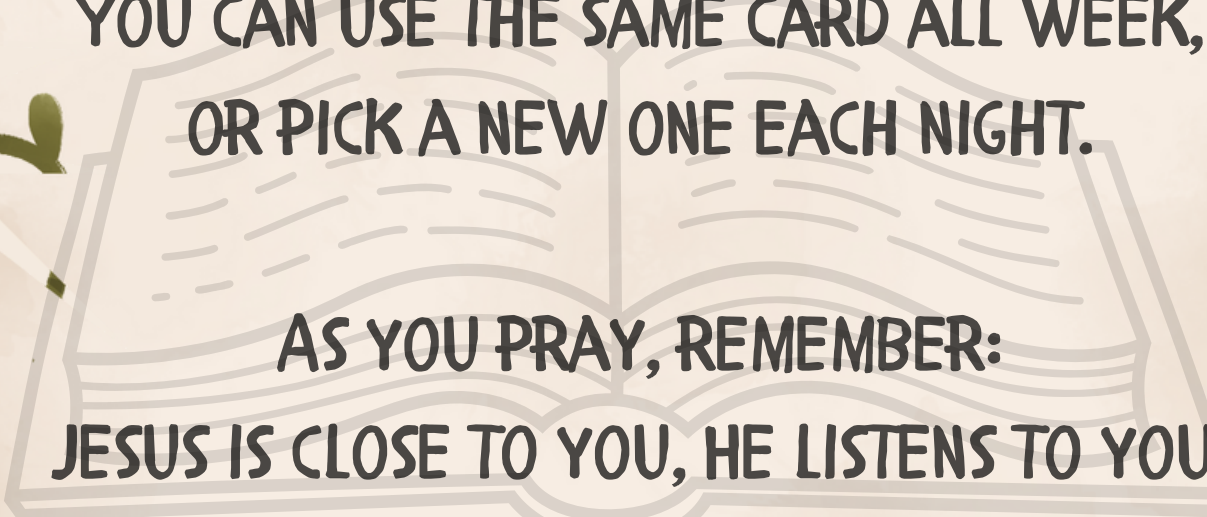
BONUS #3

HOW TO USE YOUR BEDTIME PRAYER CARDS



THESE CARDS ARE LITTLE TALKS WITH
JESUS TO END YOUR DAY IN PEACE.
BEFORE SLEEP, CHOOSE ONE CARD AND
HOLD IT IN YOUR HANDS.
READ THE PRAYER SLOWLY, ALONE OR
WITH YOUR FAMILY.

YOU CAN USE THE SAME CARD ALL WEEK,
OR PICK A NEW ONE EACH NIGHT.



AS YOU PRAY, REMEMBER:
JESUS IS CLOSE TO YOU, HE LISTENS TO YOU,
AND HE LOVES YOU MORE THAN YOU CAN
IMAGINE.

1. BEDTIME PRAYER - THANK YOU

DEAR JESUS,
THANK YOU FOR THIS DAY AND FOR
EVERY GOOD THING IN IT.
THANK YOU FOR MY LIFE, MY HOME,
AND THE PEOPLE I LOVE.
EVEN WHEN SOME MOMENTS WERE
HARD, YOU WERE WITH ME.
HELP ME FALL ASLEEP WITH A
GRATEFUL HEART.
AMEN.

2. BEDTIME PRAYER - COURAGE

DEAR JESUS,
SOMETIMES I FEEL SMALL OR AFRAID.
STAY CLOSE TO ME TONIGHT AND CALM
MY WORRIES.
GIVE ME A BRAVE HEART TO DO WHAT
IS RIGHT TOMORROW.
HELP ME REMEMBER THAT YOU ARE
ALWAYS BY MY SIDE.
AMEN.

3 BEDTIME PRAYER - WHEN I'M WORRIED

LORD JESUS,
MY MIND FEELS BUSY AND FULL OF
THOUGHTS.
PLEASE HOLD ALL MY WORRIES IN
YOUR HANDS.
GIVE ME YOUR PEACE IN MY HEART
AND IN MY DREAMS.
TEACH ME TO TRUST THAT YOU WILL
TAKE CARE OF ME.
AMEN.

4. BEDTIME PRAYER - FORGIVENESS

JESUS, MY SAVIOR,
TODAY I DID NOT ALWAYS
LOVE AS I SHOULD.
I AM SORRY FOR THE TIMES
I HURT YOU OR OTHERS.
PLEASE FORGIVE ME AND WASH
MY HEART CLEAN.
HELP ME FORGIVE ANYONE
WHO HURT ME TOO.
THANK YOU FOR NEVER
GIVING UP ON ME.
AMEN.



5. BEDTIME PRAYER - MY FAMILY

DEAR JESUS,
THANK YOU FOR MY FAMILY AND
EVERYONE WHO CARES FOR ME.
BLESS THEM WITH HEALTH, JOY, AND
YOUR PROTECTION.
HELP US TO BE KIND AND PATIENT WITH
EACH OTHER.
STAY WITH US IN OUR HOME TONIGHT
AND ALWAYS.
AMEN.

6. BEDTIME PRAYER - FRIENDSHIP
WITH JESUS

JESUS, MY FRIEND,
THANK YOU FOR BEING
CLOSE TO ME TODAY.
I WANT TO KNOW YOU BETTER AND
LOVE YOU MORE.
HELP ME TALK TO YOU, LISTEN TO YOU,
AND WALK WITH YOU
IN EVERYTHING I DO.
STAY IN MY HEART AS I SLEEP.
AMEN.

7. BEDTIME PRAYER - JOY & HOPE

LORD JESUS,
FILL MY HEART WITH
YOUR JOY TONIGHT.
WHEN I FEEL SAD,
LIFT MY EYES TO YOU.
GIVE ME HOPE FOR TOMORROW AND
TRUST IN YOUR PLAN.
LET YOUR LIGHT SHINE IN ME SO I CAN
SHARE IT WITH OTHERS.
AMEN.

8. BEDTIME PRAYER - HELPING OTHERS

DEAR JESUS,
THANK YOU FOR ALL THE PEOPLE YOU
PLACED IN MY LIFE.
TOMORROW, SHOW ME SOMEONE WHO
NEEDS A SMILE OR A KIND WORD.
GIVE ME A GENEROUS HEART THAT
LOVES TO HELP.
MAY I SERVE OTHERS
THE WAY YOU DID.
AMEN.



9. BEDTIME PRAYER - BEFORE A BIG DAY

JESUS,
TOMORROW IS AN IMPORTANT
DAY FOR ME.
YOU KNOW MY HOPES, MY FEARS,
AND MY HARD WORK.
PLEASE GIVE ME CALM, CLEAR THOUGHTS
AND A STEADY HEART.
HELP ME DO MY BEST AND LEAVE THE
REST IN YOUR HANDS.
THANK YOU FOR WALKING WITH ME.
AMEN.

10. BEDTIME PRAYER - SAINTS BY MY SIDE

DEAR JESUS,
THANK YOU FOR THE SAINTS
WHO LOVED YOU SO MUCH.
LET THEIR STORIES REMIND ME THAT
I CAN BE HOLY TOO.
ASK MY SAINT FRIENDS TO PRAY
FOR ME TONIGHT.
HELP ME LOVE YOU WITH
A STRONG AND FAITHFUL HEART,
JUST LIKE THEY DID.
AMEN.

11. BEDTIME PRAYER - BAD DREAM NIGHT

JESUS,
SOMETIMES MY DREAMS CAN SCARE ME.
WHEN I FEEL AFRAID, HELP ME
REMEMBER YOU ARE NEAR.
WRAP ME IN YOUR LOVE
AND GUARD MY SLEEP.
LET MY MIND REST IN YOUR PEACE
UNTIL MORNING COMES.
AMEN.

12. BEDTIME PRAYER - THANK YOU FOR
TODAY'S SAINT

DEAR JESUS,
THANK YOU FOR THE SAINT
I MET IN MY STORY TODAY.
THANK YOU FOR THEIR COURAGE,
KINDNESS, AND LOVE FOR YOU.
PLEASE PLANT THEIR
EXAMPLE IN MY HEART.
SHOW ME ONE SMALL WAY I CAN LIVE LIKE
THAT SAINT TOMORROW.
AMEN.

